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| **MO** | **Di** | **Mi** | **Do** | **Fr** | **So** |
| **Rehasport**  **08:30** | **Rehasport**  **09:00** | **Rehasport**  **09:00** | **Rehasport**  **08:15** | **Rehasport**  **09:00** | **Step**  **11:00** |
|  |  |  |  |  |  |
| **Rehasport**  **17:15** | **Bodymove**  **10:00** |  | **Working Women**  **09:30** |  |  |
| **Rückenfit**  **18: 00** | **Workout**  **10:45** |  |  |  |  |
| **Indoor-Cycling**  **19:15** | **BBP**  **17:30** | **Rehasport**  **18:00** | **Yoga**  **17:30** |  |  |
|  | **Rehasport**  **18:15** |  |  |  |  |